



THE
TICKLED
TROUT

VEGAN MENU

PLATTERS

FROM THE LAND £16

Humus, pitta bread, bulgur tabbouleh, raisins and roasted root veg, olive tapenade, avocado purée

STARTERS

Beetroot risotto £6 / £14
truffle oil

Dal soup £6
cavolo nero, croutons

MAINS

Beetroot & quinoa vegan burger £14
lettuce, tomato, gherkins, vegan relish, skin on fries

Root vegetable bulgur tabbouleh £13
confit tomatoes, rocket, spinach, toasted pumpkin seeds

'The beyond meat' burger £16
vegan sliced cheddar, lettuce, sliced tomato, red onion, tomato relish, skin on fries

SIDES

Foraged mushroom, truffle oil, tarragon £4

Green beans, shallots, sunflower seeds

Roasted baby carrots

Sweet potato fries, rosemary

LUNCH ROLLS

All served with rocket, spinach and walnuts salad. Available till 6pm.

Portobello mushroom £8
vegan melted cheddar, tomato, rocket, hazelnuts pesto

Why not stay over next time?

We have 6 boutique bedrooms available with rates from £99 per night. For more information please visit www.thetickledtrout.com or speak to a member of the team.

If you suffer from allergies please let a member of staff know before ordering. We offer gluten-free and vegan options. Fish may contain bones and game may contain shot. An additional 10% service charge is added to tables of 8 or more, please ask for this to be removed if you prefer not to pay. 100% of service charges is forwarded to all members of the team.

