



THE
TICKLED
TROUT

DAIRY FREE MENU

PLATTERS

FROM THE LAND £16

Hummus, pitta bread, bulgur tabbouleh, raisins, roasted root veg, olive tapenade, avocado purée

STARTERS

Rope grown mussels Jake's cider, bacon, leeks	£7 / £15
Beetroot risotto	£6 / £14
Ham hock terrine piccalilli, gherkins	£8
Scotch egg crispy pancetta	£7

MAINS

Harvey's Bitter battered fish & chips mushy peas, chunky tartare sauce, skins on fries	£15
The Tickled Trout burger crispy bacon, vegan sliced cheddar, tomato relish, skin on fries	£15
Braised lamb shank mash potato, cavolo nero, onion gravy	£19
35 day mature 10oz sirloin skin on fries, béarnaise sauce, mushroom and tomato, dressed salad	£25
Beetroot & quinoa vegan burger lettuce, tomato, gherkins, skin on fries	£14

SIDES

Foraged mushroom, truffle oil, tarragon	£4
Green beans, shallots, sunflower seeds	
Roasted baby carrots	
Sweet potato fries, rosemary	

LUNCH ROLLS

All served with rocket, spinach and walnut salad. Available till 6pm.

The Tickled Trout Club avocado purée, sundried tomato, grilled chicken	£8
Portobello mushroom vegan sliced cheddar, tomato, rocket, hazelnuts pesto	£8
Smoked salmon pickled red onion, watercress, capers, cucumber raita	£8

Why not stay over next time?

We have 6 boutique bedrooms available with rates from £99 per night. For more information please visit www.thetickledtrout.com or speak to a member of the team.

If you suffer from allergies please let a member of staff know before ordering. We offer gluten-free and vegan options. Fish may contain bones and game may contain shot. An additional 10% service charge is added to tables of 8 or more, please ask for this to be removed if you prefer not to pay. 100% of service charges is forwarded to all members of the team.

