



THE
TICKLED
TROUT

À LA CARTE

PLATTERS

FROM THE SEA £16

Smoked mackerel scotch egg, taramasalata, smoked salmon, pollock croquette, watercress, dips, toasted bread

FROM THE LAND £16

Hummus, pitta bread, bulgur tabbouleh, raisins and roasted root veg, olive tapenade, herbed goat's cheese balls, avocado purée

STARTERS

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| Rope grown mussels Jake's cider, bacon, leeks | £7 / £15 |
| Smoked trout pâté cranberry jelly, toasted sourdough | £7 |
| Goat's cheese risotto beetroot | £6 / £14 |
| Ham hock terrine piccalilli, gherkins | £8 |
| Dal soup cavolo nero, croutons | £6 |
| Scotch egg crispy pancetta, Dijon mayo | £7 |

MAINS

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| Poached smoked haddock potato croquette, green beans, poached egg, wholegrain mustard velouté | £18 |
| Harvey's Bitter battered fish & chips mushy peas, chunky tartare sauce, skins on fries | £15 |
| The Tickled Trout burger crispy bacon, mature cheddar, tomato relish, skin on fries | £15 |
| Braised lamb shank creamy mash potato, cavolo nero, onion gravy | £19 |
| 35 day mature 10oz sirloin skin on fries, béarnaise sauce, mushroom, tomato, dressed salad | £25 |
| Root vegetable pie creamy mash, vegetarian gravy | £14 |
| Beetroot & quinoa vegan burger lettuce, tomato, gherkins, vegan relish, skin on fries | £14 |

SIDES

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| Foraged mushroom, truffle oil, tarragon | £4 |
| Cauliflower cheese | |
| Green beans, shallots, sunflower seeds | |
| Roasted baby carrots, hollandaise | |
| Sweet potato fries, rosemary | |

LUNCH ROLLS

All served with rocket, spinach and walnut salad. Available till 6pm.

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| The Tickled Trout Club avocado purée, Dijon mayo, sundried tomato, breaded chicken | £8 |
| Portobello mushroom goat's cheese, tomato, rocket and hazelnuts pesto on focaccia roll | £8 |
| Smoked salmon focaccia pickled red onion, watercress, capers, cucumber raita | £8 |

Why not stay over next time?

We have 6 boutique bedrooms available with rates from £99 per night. For more information please visit www.thetickledtrout.com or speak to a member of the team.

If you suffer from allergies please let a member of staff know before ordering. We offer gluten-free and vegan options. Fish may contain bones and game may contain shot. An additional 10% service charge is added to tables of 8 or more, please ask for this to be removed if you prefer not to pay. 100% of service charges is forwarded to all members of the team.

