



# GLUTEN-FREE MENU

## SMALL PLATES GLUTEN FREE £5 EACH OR 3 FOR £13.5

*recommended with a glass of Balfour Brut Rosé  
or Jake's Cider*

### Crispy squid rings

chunky tartare sauce

### Roasted red pepper and tomato soup

with gluten-free bread

### Forest mushrooms with gluten-free toast

garlic and parsley butter

### Rope-grown mussels

Jake's Cider cream and thyme

### Rock oysters

with crispy leeks

### Harissa halloumi fingers

citrus creamy yoghurt

## SIDES ALL £3.5

### Skin on fries

### Gluten-free bread basket with oil and balsamic

### Petit pois à la Française

### Fennel and red cabbage coleslaw

### Creamy mashed potato

#### THE TICKLED TROUT SPECIALITY

Oysters and Hush Heath Bubbles  
choice of topping - ginger and soy, shallots and red wine vinegar  
or Tabasco

3 oysters and a glass of Leslie's Reserve **£13.5**

6 oysters and 2 glasses of Leslie's Reserve **£25**

## LARGE PLATES GLUTEN FREE

### FROM THE SEA

*recommended with a glass of Jake's Saffron Beer  
or Skye's English White*

### Hush Heath grilled haddock fillet

crushed peas, chunky tartare  
and skin on fries

**£14**

### Rope-grown mussels

Jake's Cider cream and thyme  
served with skin on fries

**£16**

### FROM THE LAND

*recommended with a glass of Hush Heath Manor Pinot Noir  
or Balfour Leslie's Reserve NV*

### Classic British 8oz beef burger

skin on fries with gluten-free sliced bread  
add cheese, bacon, egg or avocado £1 each

**£13**

### Black treacle and mustard-roasted gammon

two eggs, watercress and skin on fries

**£12**

### 7oz British bavette steak

salad, chips, peppercorn  
or béarnaise sauce

**£15**

### FROM THE FIELD

*recommended with a glass of Liberty's English Bacchus  
or Nannette's English Rose*

### Harissa halloumi burger

grilled red pepper, citrus yoghurt,  
skin on fries with gluten-free sliced bread

**£12**

### Vegan Asian fusion salad

red cabbage, rice noodles, fennel, carrots  
with pomegranate, lime and soy dressing

**£12**

If you suffer from allergies please let a member of staff know before ordering. We offer gluten-free and vegan options. Fish may contain bones and game may contain shot. An additional 10% service charge is added to tables of 8 or more, please ask for this to be removed if you prefer not to pay it. 100% of service charge is forwarded to all members of the team.